

WOULD YOU LIKE TO

GET INVOLVED?

COMPETE IN THESE EVENTS:









SPEAK TO YOUR ALLIED HEALTH PROFESSIONAL TO SIGN UP!

STARTS 24th AUGUST







24th AUGUST - 24th SEPTEMBER

Compete for your home in 4 power-based disciplines:

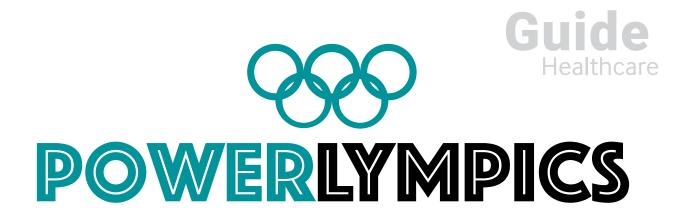








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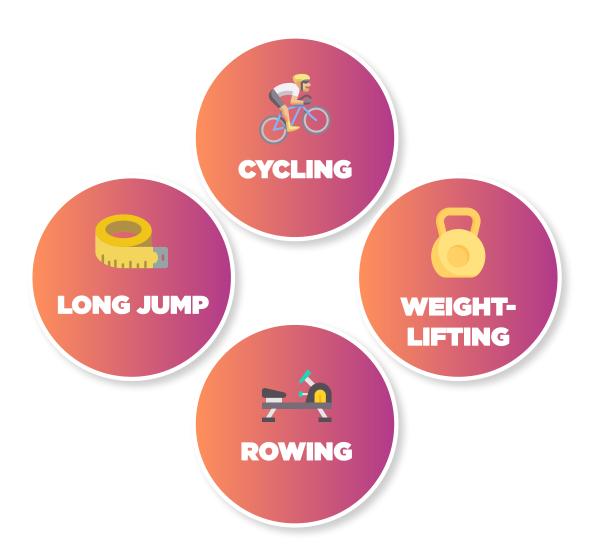
CHECK OUT YOUR TEAM'S PROGRESS LIVE LEADERBOARD

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IT'S TIME TO GET TRAINING



CHOOSE YOUR SPORT/S, JOIN YOUR TEAM.

Speak to your Allied Health Professional for more info.