## COMING SOON



Gain confidence and capabilities to get back into your community.

Speak to your Allied Health Professional for more info

Starts Monday 18th April 2022







Shopping Bag Carry
Challenge



Wine Carry Challenge



Curb/Footpath Challenge



**Grocery Aisle**Challenge



**Set of Lights**Challenge

STARTS: Monday 18th April 2022

Speak to your Allied Health Professional to sign up

(Includes 4 weeks training)

