

About our NDIS Services

Guide Healthcare Allied Health



What is Allied Health?

Allied health is an umbrella term for university qualified health professionals who fall outside of the medical, dental or nursing fields. Allied health professionals need to be autonomous practitioners, provide a direct care role and have a clearly defined scope of practice. Allied health professionals often work as part of multi-disciplinary team.

What services do Guide provide?



*Guide Healthcare provide services to participants **over the age of 18 only**.

Physiotherapy: Reduce chronic pain, risk of injury or falls, recover and rehabilitate after surgery or illness by setting individual goals to improve your mobility, strength, balance and function.

Occupational Therapy: Increase independence, engagement and function while also reducing falls and injury, through the prescription of assistive technologies and equipment prescription, home modification assessments as well as supporting you to develop your skills and abilities to participate in things you value.

Podiatry: Reduce pain, increase mobility and balance and support overall foot and lower limb health through individual assessments of your feet, prescription of custom orthotics, wound management, nail care and treatment of issues related to diabetes.

Speech Pathology: Improve your communication, socialisation and safety when swallowing with clinical diagnoses and treatment of a range of speaking, language and swallowing issues.

Dietetics: Be supported to make the best choices for your nutrition with customised diet planning to support you with; diabetes management, weight management, malnutrition, disordered eating or supporting you to eat a balanced and nutritional diet when living with digestive issues.

Exercise Physiology: Support your overall health, fitness and wellbeing through a personalised exercise program which caters to your individual clinical needs, goals and rehabilitation while having fun and increasing your mobility and function.



Achieve
your **goals**



Keep doing
what you
love



Improved
quality of **life**