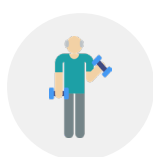


## What does a Physiotherapist do?

Physiotherapists are university qualified allied health professionals who are experts at treating musculoskeletal and other health conditions. Our physiotherapists will work with you to achieve your individual goals.

## Physiotherapy can improve:



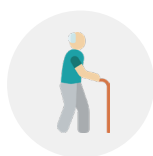
**Strength**



**Confidence**



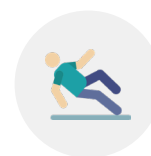
**Balance**



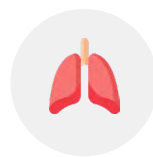
**Walking ability**



**Pain**



**Fall risk**



**Respiratory health**



**Heart health**



**Quality of life**

## Our Physiotherapists are experts at:



Equipment prescription



Return from hospital planning



Developing rehab programs

## Who can a physiotherapist work with?

### Physiotherapists can treat the following:

- ✓ Chronic respiratory conditions such as [asthma](#), [chronic obstructive pulmonary disease \(COPD\)](#) and [bronchiectasis](#)
- ✓ Degenerative joint diseases such as [osteoarthritis](#)
- ✓ [Neurological conditions](#) such as stroke or traumatic brain injuries
- ✓ Diseases of the central nervous system such as [Parkinson's disease](#) and [cerebral palsy](#)
- ✓ People with a diagnosed cognitive impairment such as [dementia](#) and [Alzheimer's disease](#)
- ✓ Autoimmune diseases such as [rheumatoid arthritis](#) and [multiple sclerosis \(MS\)](#)
- ✓ Type one and type two [diabetes mellitus](#)
- ✓ Cardiac illnesses such as [coronary heart disease](#), [heart failure](#) or [hypertension \(high blood pressure\)](#)
- ✓ Incontinence issues associated with [pregnancy](#), [prostate enlargement/cancer](#) or other age-related changes
- ✓ [Vestibular conditions](#), [balance changes](#) and other factors contributing to frequent falls
- ✓ [Mobility decline](#) and [loss of functional abilities](#) including activities of daily living

# Physiotherapy Service Fees

	Long Visit	Standard Visit	Short Visit
	<b>Up to 60-minutes face-to-face</b> Multiple physiotherapy concerns, increased hands on assistance, intensive rehabilitation and couples	<b>Up to 45-minutes face-to-face</b> Initial physiotherapy assessments, acute health events, return from hospital support, post fall support	<b>Up to 30-minutes face-to-face</b> Follow-up visits, established goals and treatment plan in place, ongoing physiotherapy support
Travel costs included*	✓	✓	✓
Available through a home care package, commonwealth home support or short term restorative care funding	✓	✓	✓
Appropriate documentation	✓	✓	✓
Separate individualised exercise program	✓	✓	✓
Administrative support	✓	✓	✓
Basic communication via phone or email to family, GP & other health professionals	✓	✓	✗
Available for initial physiotherapy assessment	✓	✓	✗
Additional reporting requirements**	✓	✗	✗
<b>Price</b>	<b>\$260</b>	<b>\$220</b>	<b>\$170</b>
Medicare Rebate - Chronic Disease Management Program gap payment (requires GP referral)	\$224	<b>\$164</b>	\$114
Private Health Insurance Rebate	Variable	<b>Variable</b>	Variable

\* Inclusion of travel fees varies depending on location. Click [here](#) for regions with travel included. For locations outside of these regions, contact us for a quote which will include any travel costs.

\*\* Requests for additional report writing will be invoiced at \$40 per 15mins. Estimated time requirements will be provided for approval.

## Booking Process:

1. Please call/email us at contact details below to make a booking. *If emailing please complete the attached [Referral Form](#)*
2. We will then communicate with our clinicians to find a time to schedule your appointment and confirm this with you

## Payments:

- **Credit Card:** Due at time of service - our physiotherapist will have a point of sale device to take your payment
- **Home Care Package:** Invoiced to your Case Manager
- **Commonwealth Home Support Packages:** Invoiced to your Case Manager
- **Medicare:** Benefit claimed at time of service. Only applicable for services provided in Gym. Gap fees apply
- **Private Health Insurance:** Benefit claimed at time of service. Gap fees apply

## Cancellations:

Cancellations within 24 hours will be charged as a full fee service

Contact Us



(02) 9663 0387



homecare@guidehealthcare.com.au